

## **Instruction for People Arriving from the People's Republic of China, South Korea, Italian Republic, Iran**

### **Organization of medical supervision.**

If you came from the People's Republic of China, South Korea, Italian Republic, Iran medical supervision will be organized for you within 14 days from the moment you arrive.

If a medical worker of a territorial healthcare organization has not contact you within 1 day from the moment of your arrival, call the polyclinic at your place of residence (temporary stay) by phone "call a doctor to your home" and be sure to inform that you arrived from the People's Republic of China, South Korea, Italian Republic, Iran date arrival, health information (indicate the presence / absence of signs of a respiratory infection, body temperature).

### **Keep track of your health.**

If you feel unwell (fever, cough, shortness of breath, general malaise), immediately call the emergency medical team by phone 103. Be sure to inform the dispatcher that you arrived from the People's Republic of China, South Korea, Italian Republic, Iran and the date of arrival.

### **For prevention, within 14 days of arrival from the People's Republic of China, South Korea, Italian Republic, Iran:**

- limit (minimize) the circle of communication;
- do not attend mass events and crowded places (for example, shopping centers, movie theaters);
- use personal respiratory protection when communicating with other people (disposable medical masks). *Remember! The mask must be changed every 2-3 hours;*
- observe hand hygiene (use soap or antiseptic);
- observe "respiratory etiquette" when sneezing or coughing;
- ventilate and regularly wet the room.

*Telephone hotline for the prevention of infection caused by the COVID-19 coronavirus +375 (29) 156-85-65 (calls are received on business days from 8:30 to 13:00 and from 13:30 to 18:00).*