

**Academic discipline:
"Anatomy"**

Code and name of specialty	1-03 02 01 Physical Training
Training course	1
Semester of training	1/2
Number of class hours:	108
Lectures	50
Seminar classes	--
Practical classes	--
Laboratory classes	58
Form of current assessment (credit/differential credit/exam)	credit/exam
Number of credits	6
Competencies to be formed	On the basis of the obtained anatomical knowledge, use adequate dosing of physical activity, choose means and methods for implementing sports and pedagogical effects on the human body, taking into account age, gender, physical development and physical fitness.
Summary of the content of the academic discipline:	
The academic discipline "Anatomy" gives an idea of the structure of all human organs and systems, their location and shape in connection with development and functions; introduces students to the influence of physical culture and sports on the human body; concentrates the attention of future specialists on the applied significance of anatomy for the organization of the training process, its individualization, selection in sports, prediction of sports results.	