## Academic discipline: "Psychology"

Code and name of	1-03 02 01 Physical Training
specialty	
Training course	2
Semester of training	3
Number of class hours:	70
Lectures	40
Seminar classes	30
Practical classes	-
Laboratory classes	-
Form of current	Exam
assessment	
(credit/differential	
credit/exam)	
Number of credits	3
Competencies to be	To apply basic scientific and theoretical knowledge of
formed	psychology to solve theoretical and practical tasks of
	professional activity, to prevent and resolve
	problematic situations of a psychological nature
	within the framework of professional activity; to build
	productive interpersonal and professional interaction
	and communication

## Summary of the content of the academic discipline:

The academic discipline "Psychology" is a discipline of the psychological and pedagogical module of the component of the institution of higher education of the curriculum and is an integral part of professional education in terms of the formation of the psychological culture of a specialist. Studying the basics of general psychology will allow future specialists to get acquainted with key psychological concepts, patterns, types and properties of various mental phenomena, which will be the foundation for mastering the basics of applied branches of psychology.