

**Academic discipline:**  
**«Sports and outdoor games and methodology of teaching»**

<b>Code and name of specialty</b>	1-03 02 01 Physical Training
<b>Training course</b>	1-4
<b>Semester of training</b>	1-7
<b>Number of class hours:</b>	320
<b>Lectures</b>	40
<b>Seminar classes</b>	
<b>Practical classes</b>	60
<b>Laboratory classes</b>	220
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<b>Form of current assessment (credit/differential credit/exam)</b>	credit /exam
<b>Number of credits</b>	3
<b>Competencies to be formed</b>	Apply basic methodological approaches in teaching sports games, use theoretical knowledge, methods and tools in the process of teaching sports games, ensure compliance with the safety rules of classes. Possess the skills of organizing and judging sports competitions, implement the existing level of technical, tactical and physical fitness in the conditions of training and competitive activities in the chosen sport.
<p><b>Summary of the content of the academic discipline:</b></p> <p>The structure of the sports and pedagogical module "Sports and outdoor games and methodology of teaching" includes the following sports: volleyball, badminton, basketball, table tennis, football, handball and outdoor games. The content of the material provides for the study of the general foundations of the theory and methodology of constructing and conducting lessons on sports games, mastering the technical and tactical techniques of games, the methodology of teaching and improving game techniques, the methodology of judging. The study of the discipline provides theoretical, methodological and psychological readiness of students to teach pupils sports games at school, drawing up planning documents and conducting classes on sports games.</p>	