

**Academic discipline:
«Hygiene»**

Code and name of specialty	1-03 02 01 Physical education
Training course	3
Semester of training	5
Number of class hours:	52
Lectures	34
Seminar classes	8
Practical classes	-
Laboratory classes	10
Form of current assessment (<i>credit/ differential credit/ exam</i>)	exam
Number of credits	3
Competencies to be formed	To master the methodology of compiling a daily food ration and its assessment for the restoration of functional efficiency, the skills of forming sanitary and hygienic measures
<p>Summary of the content of the academic discipline:</p> <p>The academic discipline «Hygiene» gives an idea of environmental factors influence on the human body and public health in order to substantiate standards, sanitary rules and measures (political, economic, legal, cultural, medical, environmental, etc.), the implementation of which ensures the strengthening of public health, creative longevity, elimination of the causes of diseases, improvement of conditions labor, life and recreation of the population, protection of the natural environment.</p>	