

**Academic discipline:  
“Sports medicine”**

<b>Code and name of specialty</b>	1-03 02 01 Physical education
<b>Training course</b>	3/4
<b>Semester of training</b>	6/7
<b>Number of class hours:</b>	80
<b>Lectures</b>	34
<b>Seminar classes</b>	16
<b>Practical classes</b>	
<b>Laboratory classes</b>	30
<b>Form of current assessment (credit/differential credit/exam)</b>	credit/exam
<b>Number of credits</b>	3/3
<b>Competencies to be formed</b>	To possess the technology of organizing medical and medical-rehabilitation support for physical education, sports, and tourism activities to provide first aid, assess physical development and performance, functional state of the human body.
<p align="center"><b>Summary of the content of the academic discipline:</b></p> <p>The academic discipline “Sports medicine” studies health, physical development, and functional capabilities of the body in relation to the impact of physical culture and sports activities. Within the course, issues related to the rational use of means and methods of physical culture and sports for maintaining and strengthening the health of individuals engaged in physical culture and sports, enhancing the effectiveness of the educational-training process, as well as the prevention and treatment of pathological conditions, diseases, and sports injuries are considered.</p>	