

**Наименование учебной дисциплины:
«Физическая культура»**

Код и наименование специальности	1-03 03 01 Логопедия
Курс обучения	1,2,3
Семестр обучения	1,2,3,4,5,6
Количество аудиторных часов:	358
Лекции	-
Семинарские занятия	-
Практические занятия	358
Лабораторные занятия	-
Форма текущей аттестации (зачет/ дифференцированный зачет/экзамен)	зачет
Количество зачетных единиц	0
Forming competences	Master the system of rules, knowledge and norms of behaviour aimed at forming, preserving and strengthening a healthy lifestyle through physical education
<p>Brief content of the academic discipline:</p> <p>The subject of the academic discipline is the system regularities and features of the process of formation of physical culture of the student's personality, the totality of knowledge, skills and abilities of physical and health activity in the interests of strengthening physical and spiritual forces of personality, achieving their life and professional goals. Studying of discipline will promote efficiency of educational process as a whole, success of students in mastering of other disciplines due to formation of qualitative health and activization of functional reserves of an organism.</p>	