**The name of the academic discipline:**

**“Health-saving technologies in education”**

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| **Specialty code and name** | 1-23 01 04 Psychology |
| **Year of study** | 4 |
| **Semester of study** | 7 |
| **Number of in-class academic hours:** | 52 |
| **Lectures****Seminar classes** **Practical classes****Laboratory classes** | 26 |
| 26 |
| - |
| - |
| **Form of the current assessment (*credit/ graded credit /exam*)** | exam |
| **Number of credit points** | 3 |
| **Competences** | Possess health-preserving skills. Analyze the nature of the influence of physical, biological and social factors of the environment, personality and behavior on human health. |
| **Summary of the academic discipline:**Health-saving technologies in education is an academic discipline, the purpose of which is to develop students' knowledge in the field of health-saving technologies and their application in the educational process. The content of the program is aimed at developing students' competence in the field of health-saving educational activities: basic competence (knowledge about health, health factors, healthy lifestyle, main maladaptive conditions in children, health-saving technologies, the basics of organizing a health-saving environment and the educational process) and subject competence (personal experience of a healthy lifestyle and the use of health-saving technologies). |