**The name of the academic discipline:**

**“Methods of physical education and development of preschool children”**

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| **Specialty code and name** | 6-05-0112-01 Preschool Education |
| **Year of study** | 2 |
| **Semester of study** | 4 |
| **Number of in-class academic hours:** | 50 |
| **Lectures**  **Seminar classes**  **Practical classes**  **Laboratory classes** | 20 |
| - |
| 24 |
| 6 |
| **Form of the current assessment (*credit/ graded credit /exam*)** | exam |
| **Number of credit points** | 3 |
| **Competences** | Use physical education and sports to maintain and strengthen health and prevent diseases.  Carry out the process of physical education and development of early and preschool age pupils in cooperation with the head of physical education of the preschool educational institution. |
| **Summary of the academic discipline:**  The discipline covers the principles of teaching children basic movements, drill and general development exercises, and the organization and methods of conducting outdoor games. The article presents the organizational and methodological principles of teaching children elements of sports games and sports exercises, describes the characteristics of preschool children's motor abilities, the tasks, means and methods of their development, and reveals scientific and methodological approaches to developing the content of physical education classes in preschool educational institutions, organizing and conducting physical education and health and physical education and mass events. The article provides a description of the motor activity of preschoolers, the requirements for the organization and methods of guiding children's independent motor activity, and the specifics of implementing an individual approach to children in the process of physical education and development. The article covers issues of planning, organizing pedagogical and medical control in physical education. | |