**The name of the academic discipline:**

**“Skiing and Teaching Methods”**

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| **Specialty code and name** | 6-05-0115-01 Physical Culture Education |
| **Year of study** | 2, 3  |
| **Semester of study** | 4, 5, 6 |
| **Number of in-class academic hours:** | 64 |
| **Lectures****Seminar classes** **Practical classes****Laboratory classes** | 18 |
| 16 |
| 30 |
| - |
| **Form of the current assessment (*credit/ graded credit /exam*)** | credit / exam |
| **Number of credit points** | 6 |
| **Competences** | BPC-14 Master the technique and methodology of teaching skiing techniques, plan the content of classes, ensure compliance with safety rules for conducting classes. |
| **Summary of the academic discipline:**The academic discipline “Skiing and Teaching Methods” is aimed at acquiring the knowledge, skills and abilities necessary for organizing and conducting educational, methodological, educational and training, and physical education and health work among the general population in skiing. The academic discipline forms the basis of pedagogical knowledge on planning, organizing, and designing the educational process for ski training in educational institutions. The content of the program promotes mastering the methods of movement on skis, as well as organizing sports and pedagogical activities in the form of "Skiing" and other types of skiing. |