**The name of the academic discipline:**

**“Theory and Methodology of Physical Culture”**

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| **Specialty code and name** | 6-05-0115-01 Physical Culture Education |
| **Year of study** | 2-3 |
| **Semester of study** | 3-6 |
| **Number of in-class academic hours:** | 180 |
| **Lectures****Seminar classes** **Practical classes****Laboratory classes** | 80 |
| 66 |
| 34 |
| - |
| **Form of the current assessment (*credit/ graded credit /exam*)** | credit / exam / credit / exam |
| **Number of credit points** | 12 |
| **Competences** | To navigate the subject area of ​​theory and methodology of physical education, to analyze and apply in professional activities knowledge about the patterns, principles, means and methods, content and organization of physical education. |
| **Summary of the academic discipline:**The academic discipline “Theory and Methodology of Physical Culture” is aimed at acquiring knowledge, skills and abilities necessary for organizing and conducting educational, methodological, educational and training, and physical education and health work among the general population. The discipline forms the basis of pedagogical knowledge on planning, organizing, and constructing the educational process, instills the ability to communicate, and develops pedagogical thinking. The content of the program promotes mastering the methods of sports and pedagogical activity accumulated in the field of physical education and sports. |