**The name of the academic discipline:**

**“Anatomy”**

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| **Specialty code and name** | 6-05 1012 02 Coaching Activities (Athletics) |
| **Year of study** | 1 |
| **Semester of study** | 1, 2 |
| **Number of in-class academic hours:** | 92 |
| **Lectures**  **Seminar classes**  **Practical classes**  **Laboratory classes** | 42 |
| - |
| - |
| 50 |
| **Form of the current assessment (*credit/ graded credit /exam*)** | credit / exam |
| **Number of credit points** | 6 |
| **Competences** | Apply, based on the acquired anatomical knowledge, adequate dosage of physical activity, select means and methods for implementing sports and pedagogical influence on the human body, taking into account age, gender, characteristics of physical development and physical fitness. |
| **Summary of the academic discipline:**  The academic discipline “Anatomy” in the system of training a specialist with higher education refers to the Medical and Biological Module-1 of the state component in accordance with the curriculum for the specialty 6-05 1012 02 “Coaching Activities (Athletics)”. It is connected with other academic disciplines, including academic disciplines of the component of the institution of higher education, disciplines of the specialization: “Physiology”, “Biorhythms and their Disorders”. The academic discipline ensures the formation of professional competencies for the use of anatomical knowledge in organizing training and educational classes for the purpose of comprehensive and harmonious development of physical qualities of students; gives an idea of ​​the structure of all organs and systems of the human body, their topography and shape in connection with development and functions; familiarizes students with the influence of physical education and sports on the human body; focuses the attention of future specialists on the applied significance of anatomy for organizing the training process, its individualization, selection in sports, forecasting sports results. | |