**The name of the academic discipline:**

**“Combat Sports”**

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| **Specialty code and name** | 6-05 1012 02 Coaching Activities (Athletics) |
| **Year of study** | 1 |
| **Semester of study** | 1 |
| **Number of in-class academic hours:** | 32 |
| **Lectures****Seminar classes** **Practical classes****Laboratory classes** | 6 |
| 4 |
| 22 |
| - |
| **Form of the current assessment (*credit/ graded credit /exam*)** | credit |
| **Number of credit points** | 3 |
| **Competences** | To master the technique of execution and methods of teaching types of combat sports in order to carry out professional activities. |
| **Summary of the academic discipline:**The academic discipline “Combat Sports” is aimed at obtaining knowledge, skills and abilities necessary for organizing and conducting educational, methodological, educational and training, and physical education and health work with children of different school ages. This discipline forms the basis of pedagogical knowledge on planning, organizing, designing the educational process, instills the ability to communicate, develops pedagogical thinking. Mastering the basics of organizing, planning and accounting for the educational process will allow students in their future professional activities to make a rational choice of tasks, means and methods in building the educational process; effectively determine the ratio of the volume of general and special physical training. Mastering the theoretical material will allow students to obtain information and acquire skills in organizing, conducting and judging competitions at various levels in martial arts. |