**The name of the academic discipline:**

**“Sports and outdoor games and teaching methods”**

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| **Specialty code and name** | 6-05 1012 02 Coaching Activities (Athletics) |
| **Year of study** | 1-4 |
| **Semester of study** | 1-7 |
| **Number of in-class academic hours:** | 190 |
| **Lectures****Seminar classes** **Practical classes****Laboratory classes** | 10 |
| - |
| 180 |
| - |
| **Form of the current assessment (*credit/ graded credit /exam*)** | credit / credit / credit / credit / credit / exam |
| **Number of credit points** | 12 |
| **Competences** | BPC-16 – apply basic methodological approaches in teaching sports games, use theoretical knowledge, methods and tools in the process of teaching sports games, ensure compliance with safety rules for conducting classes |
| **Summary of the academic discipline:**The structure of the sports and pedagogical module-1 “Sports and outdoor games and teaching methods” includes the following sports: volleyball, badminton, basketball, table tennis, football, handball and outdoor games. The content of the material provides for the study of the general principles of the theory and methods of constructing and conducting classes on sports games, mastering technical and tactical methods of games, methods of teaching and improving game techniques, methods of refereeing. The study of the discipline ensures the theoretical, methodological and psychological readiness of students to teach students sports games at school, draw up planning documents and conduct classes on sports games. |